



## Supporting your child through their Food Preparation & Nutrition GCSE

### Supporting with Food Preparation & Nutrition revision

Content is split into the following key areas. The best prepared students should organise their class notes and revision notes into these 5 content areas:

- 1: Food, Nutrition and Health
- 2: Food Science
- 3: Food Safety
- 4: Food Choice
- 5: Food Provenance

Content from these topic areas run through the NEA1 food science investigation, NEA2 food preparation assessment and also the written exam in June.

The best prepared students will also be answering lots of questions as part of their revision and be focusing on their areas of weakness as identified by their teachers in the past practise exam papers they have done during lessons. Students should also use revision guides, exam practice workbooks and revision websites (more information below).

Students should be allocating a weekly revision slot for completing their food revision described above, and any problems they identify, they should be discussing with their teachers to help develop their understanding and confidence. Parents can support by encouraging your child to revise and monitoring that this is actually taking place. For example, ask them to show you their Seneca Learning account and show you how much progress they have made through the revision modules. We thank you for your continued support and wish our Year 11s all the best with their upcoming exams! 😊

### GCSE Timeline!

NEA deadlines below are crucial!

#### NEA1 - The Food Science Investigation - 15% of the final Grade

Practical food science investigations and a written report.

Includes a 3½ hour practical exam.

Completed by October half term in year 11

#### NEA2 - The Food Preparation Assessment - 35% of the final Grade

Students plan, prepare, cook and present a final menu of 3 dishes (includes written planning, cooking of 3 trial dishes and photographic evidence).

Includes a 3½ hour practical exam

Completed by the Easter Holidays in year 11

Good preparation for the written exam is absolutely crucial!

**Exam title: GCSE Food Preparation & Nutrition AQA 8585/W - 50% of the final Grade**

Date of Exam: Thursday 15<sup>th</sup> June PM



### Course details:

GCSE Food Preparation & Nutrition

Exam board: AQA

Specification: 8585

Website:

<https://www.aqa.org.uk/subjects/food/qcse/food-preparation-and-nutrition-8585>



### Useful revision websites

#### **Seneca Learning**

<https://www.senecalearning.com/>

Search for the following module: AQA Food

#### **Food A Fact Of Life**

<https://www.foodafactoflife.org.uk/14-16-years/>

#### **BBC Bite Size - Link to subject specific Food page**

<https://www.bbc.com/education/subjects/z48jmp3>

### Coursework/Intervention catch up sessions

These take place throughout year 11 after school on a Monday in ITD. When invited to these sessions they are compulsory, all students can attend any session should they wish.

### What do I need to focus on to improve?

Students need to be focusing revision on all 5 key content areas:

- 1: Food, Nutrition and Health
- 2: Food Science
- 3: Food Safety
- 4: Food Choice
- 5: Food Provenance

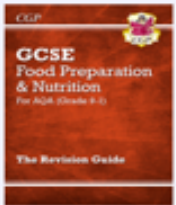
In addition to this, students have been advised which of these areas their knowledge is weakest in as identified by their teachers in the past practise exam papers they have done during lessons. They should apply extra revision focus to these weak areas.

### Available Revision Materials


- **Past exam papers**...these can be found on:  
<https://www.aqa.org.uk/subjects/food/gcse/food-preparation-and-nutrition-8585/assessment-resources?f.Sub-category%7CF=Sample+papers+and+mark+schemes>
- **Seneca Learning**  
<https://www.senecalearning.com/>
- **Revision Guides**

There is a revision guide and exam practice workbook that can be purchased online.

#### **Revision & Study Guides**

	<p><b>New Grade 9-1 GCSE Food Preparation &amp; Nutrition - AQA Revision Guide (FNAR41)</b></p> <p><b>New for the Grade 9-1 GCSE courses</b></p> <p>This brilliant Revision Guide is the perfect accompaniment to AQA Grade 9-1 GCSE Food Preparation ... <a href="#">More</a></p> <p>amazonkindle version also available</p>
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#### **Exam Practice Workbooks**

	<p><b>New Grade 9-1 GCSE Food Preparation &amp; Nutrition - AQA Exam Practice Workbook (includes Answers) (FNAQ41)</b></p> <p><b>New for the Grade 9-1 GCSE courses</b></p> <p>Packed with realistic exam-style practice, this fantastic Workbook is the perfect way to prepare ... <a href="#">More</a></p>
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